

April 30, 2021

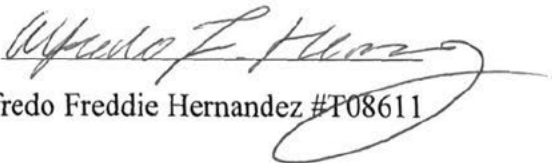
Dear Dax Proctor,

Greetings, my name is Alfredo Freddie Hernandez and I am writing in regards to the problems of extreme sentencing and a recommendation for a solution. I am serving a Life without Parole sentence I received when I was 22 years old (I was actually 20 years of age when I committed the murder). I am not the same person I was when I committed the crime of murder. I was a selfish individual with a warped sense of ideologies that I inherited from my so-called friends. Now that I am forty three years of age I know who I am and who I am not. I have taken a deep look into my character defects and I have replaced those negative attributes with positive characteristics such as empathy, compassion, and altruism to name a few. I have completed multiple self-help courses that I use as tools in my daily interactions with people and how I view life in general. Along with these accolades I have also attained my A.A. degree in Sociology from Imperial Valley College, Imperial Valley, California, graduating with Distinction(3.89 GPA)

The reason why I am sharing this with you is because change is possible; I am a prime example of it! I took a life and I cannot undo my horrific deed, yet, to deem me un-repairable and un-capable of redemption is a far cry from the actual truth. I believe most people are capable of change and I believe that those of us who were sentenced to Life Without Parole should be given a chance at proving themselves a healed individual in front of a Parole Board panel. The Life Without Parole sentence should be done away with and everyone serving this sentence should be given an opportunity to demonstrate who they are now in comparison to who they were when they committed their crime; this of course is contingent with the individual putting in the work to rehabilitate him/herself after a set amount of years (15 years is long enough for an

individual to create change). I don't believe anyone should get a free pass especially if one has committed the crime of murder, but I also don't believe anyone should be deemed unredeemable thus should spend the rest of their natural life in prison. Life Without Parole is a death sentence and two wrongs don't make a right especially if change does occur and manifest itself when a person is truly seeking change. Again, I took a life and if you asked me what is unfair about my sentence I will tell you absolutely nothing is wrong with my sentence, I took someone away from their family forever, however, what is unfair is not being afforded an opportunity to demonstrate to a parole board I am not the same person I was when I murdered Mirna Regollar. Please consider revamping the Life without Parole sentence so that those who have committed their life to a living amends can be given a chance to present themselves to a parole board and possibly be granted a second chance at freedom. Thank you for your time and understanding, stay safe and positive.

Respectfully Submitted,


Alfredo Freddie Hernandez #T08611

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MARCH 31ST, 2022

DEAR UNITED NATIONS MEMBERS,

SALUTATIONS! MY NAME IS FREDDIE HERNANDEZ

AND I AM WRITING AN ADDENDUM TO MY LETTER ADDRESSED TO DAX PROCTOR DATED APRIL 30TH, 2021, REGARDING ABOLISHING THE LIFE WITHOUT PAROLE SENTENCE HERE IN CALIFORNIA AND ACROSS THE UNITED STATES. TO SENTENCE A MAN OR WOMAN TO LIFE WITHOUT THE POSSIBILITY OF PAROLE IS THE SAME AS SAYING THAT A PERSON IS INCAPABLE OF CHANGE AND SHOULD NEVER BE CONSIDERED SALVAGEABLE. EVER. HOW MANY MEN AND WOMEN, WHO WERE SENTENCED TO LIFE AND OR LIFE WITHOUT PAROLE, HAVE BEEN RELEASED BACK INTO SOCIETY AND ARE DOING REMARKABLE WORK IN THEIR COMMUNITIES? THE STATISTICS ARE THERE FOR EVERYONE TO SEE AND TO PROVE THAT EVERYONE IS CAPABLE OF CHANGE.

SINCE I WROTE TO MR. PROCTOR IN APRIL OF 2021 I HAVE BEEN TRANSFERRED TO A DIFFERENT FACILITY WHERE I AM ENROLLED IN THE BACHELOR'S DEGREE PROGRAM OFFERED BY CAL STATE LOS ANGELES, WHERE I AM MAJORING IN COMMUNICATIONS. ALONG WITH THAT I AM A PAWS FOR LIFE K9 RESCUE TRAINER WHERE I TRAIN DOGS FOR FAMILIES WHO HAVE ADOPTED STRAYS FROM HIGH-KILL SHELTERS. MY LIFE OF AMENITIES CONTINUES AND THE ONLY INCENTIVE I HAVE AT THIS MOMENT IN TIME IS TO BE A GOOD HUMAN BEING. MY LWOP SENTENCE PRECLUDES ME FROM ANY TIME REDUCTION FOR GOOD BEHAVIOR, THE REASON WHY I HAVE TURNED MY LIFE AROUND IS FOR THE SIMPLE GOODNESS OF HUMANITY. HAVING FOUND MY RAISON D'ÊTRE HAS FREED ME FROM THE MENTAL PRISON I HAD PLACED MYSELF IN MANY YEARS AGO AND IT HAS ALSO GUIDED ME TO BE OF SERVICE TO THOSE WHO ARE MISGUIDED AND TO THOSE WHO ARE SEEKING REDEMPTION IN THEIR LIFE. THANK YOU FOR YOUR TIME AND I HOPE I HAVE MADE A CASE TOWARDS ABOLISHING ANY AND ALL DEATH BY INCARCERATION SENTENCES, EVEN IF IT'S A SMALL IMPACT US LWOP'S WILL TAKE IT. THANK YOU AND MAY YOU ALL BE SAFE AND HAVE A BLESSED LIFE.

RESPECTFULLY SUBMITTED,

Freddie Hernandez

FREDDIE HERNANDEZ # T08611